

## Fall 2014

### A Message From our President

#### Upcoming Events:

- ◆ **Legislative Day**  
**Breakfast:** Thursday  
1/22/15: 7 AM-9 AM:  
Senator Inn, Augusta
- ◆ **Spring Conference:**  
5/1/2014: Southern  
Maine Community  
College, South Port-  
land

Whether you are looking forward to some snow or not...winter is on our heels and closing in. I hope your garden was generous and your family is well. Luckily, fall brought opportunities for us to mingle with our colleagues, and it was indeed a pleasure to have seen so many of our members, past members, friends, and colleagues at our fall conference at Maple Hill Inn and also at the recent FNCE meeting in Atlanta.

Our board has been busy at work since the summertime. Each month we have a Board conference call and also have face-to-face meetings on special projects and new member training. We are a team and value each member of our Board, and each member of our affiliate. We all bring talents, experience and insights to our work in nutrition here in Maine.



#### Here are a few of the projects that are keeping us busy these days:

- ◆ We had a successful Fall educational conference. For those who did not make it to the conference, see the wrap-up story in this issue of the newsletter!
- ◆ Planning a Spring conference (Friday May 1 at SMCC in South Portland). The conference will offer free (yes, free!) CPEs to members. Two Academy grants are providing funding and speakers. Stay tuned for details on this exciting day.
- ◆ Connecting with legislators.
- ◆ Developing a Sponsorship policy: The team working on this hopes to present a policy to the Board for comment by January.
- ◆ Organizing a Legislative Day Breakfast: Thursday, Jan. 22nd- 7:00 AM to 9:00 AM, Senator Inn, Augusta. More info to come soon!
- ◆ Board Member training.
- ◆ FNCE gift basket donated to the AND Foundation silent auction at FNCE.
- ◆ Advocacy: meeting with legislators, advocating for food security, providing testimony, MAND Mapping.

What are you up to? Please stay in touch and let us know what you've been doing professionally or personally—I love to hear what our members are doing! Wishing you, your family and friends a happy, healthy and fun-filled holiday season. Hope your shovel, skates, skis, snow shoes, mittens and boots are ready for action!

With warm wishes,  
Pat Watson MS, RD, LD, CDE

## HOD Report: Outcomes from the 2014 Fall Meeting

The fall 2014 House of Delegates meeting was held in October just prior to FNCE, in Atlanta. You may recall receiving a questionnaire from me regarding your use of business skills in your area of work. Thank you to those who responded (we had a great response)!

The first part of the HOD meeting revolved around a panel discussion on this topic. Thanks to Marcy Kyle for suggesting me as a participant for the panel—it was an honor to present with such an impressive group of nutrition colleagues, and to get to talk about my “alternative” career and how important business skills are in my area of work. (I was also very proud to say I was the Maine affiliate’s Delegate—I was the only panel member who was also a delegate.) In addition, at table discussion on business skills I summarized those comments from MAND members who had communicated with me on this issue.

The second day of the meeting was focused on discussion of the preceptor shortage and what to do about it. Various ideas were presented and the discussion was quite lively. As you know, there is a shortage of preceptors and also a need for more supervised practice positions for interns/students. There was much discussion about incentives for those willing to be preceptors, as well as the importance of expanding non-hospital supervised practice positions. Two motions came out of the meeting, which I’ve summarized:

The HOD asked for a task force be formed (to include representation from DPGs and internal/external stakeholders) to review input from the HOD dialogue session on business skills. Using that information, the task force will come up with a plan to assist members and students with building and enhancing skills and knowledge related to business and management. This plan is to be submitted for review by the HOD in May 2015.

The HOD asked that all input generated at the session on preceptors and supervised practice positions be communicated to AND leadership for consideration as these issues are addressed. ACEND, CDR and NDEP will report to the HOD on their progress to address these issues in spring and fall 2015.

I voted, on behalf of MAND members, to support both motions. I will keep you posted on developments regarding these motions

If you’d like further information or have comments regarding anything related to House of Delegates work, please feel free to contact me via the website or directly at [nutricomminc@mac.com](mailto:nutricomminc@mac.com).



--Kit Broihier, MS, RD, LD, MAND Delegate

## Reimbursement Reflections— September 2014



ICD codes (International Classification of Diseases) are codes that are used by physicians and medical coders to identify specific medical diagnoses for individual patients. Once generated, Registered Dietitian Nutritionists (RDN) use these codes to bill insurance companies for our services.

The shift to ICD-10-CM, now scheduled to be implemented October 2015, will affect facilities, physicians, billers, and impact RDN’s who work for health care facilities and those in private practice. Check out the resources from the Academy of Nutrition and Dietetics website, (members: practice: coding, coverage and compliance) for some insight into what RDN’s can do to prepare for the ICD-10-CM conversion. The PDF from the Academy, below, shows the changes in some common diagnostic codes related medical nutrition therapy services. Click [here](#) for more information.

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## In the Spotlight: Member Awards and Recognitions

### ***Marcia Kyle Receives National Recognition by Academy of Nutrition and Dietetics***

*Marcia Kyle, RDN, LD, CDE, FAND, registered licensed dietitian and certified diabetes educator, Pen Bay Healthcare.*

**ROCKPORT, July 18, 2014** – Marcia Kyle, RDN, LD, CDE, FAND has been recognized as a Fellow of the Academy of Nutrition and Dietetics (FAND). To become a Fellow, the Academy of Nutrition and Dietetics (FAND) recognizes Academy members who have distinguished themselves among their colleagues, as well as in their communities, by their service to the dietetics profession and by optimizing the nation's health through food and nutrition.



Kyle has made significant and sustained contributions to the field of nutrition and dietetics by establishing herself as role model in the field. She has shown high levels of leadership, professionalism and achievement in each of the areas of the FAND's focus: integrity, innovation and social responsibility; knowledge in clinical, education and organizational leadership. She has distinguished herself through her service to the dietetics profession and by optimizing health of persons with diabetes through food and nutrition. A global thinker, she continually strives to bring research, policy recommendations and advocacy about diabetes and nutrition to the forefront.

Kyle is a licensed registered dietitian and certified diabetes educator at Pen Bay Healthcare. Committed to excellence, she leads others to practice excellence as well. She has mentored and trained many dietetic interns and registered dietitian nutritionists and has helped to improve nutrition care across all levels of the continuum of care.

### **Pen Bay Healthcare**

Pen Bay Healthcare is a not-for-profit family of services which includes Pen Bay Medical Center, a Leapfrog Group 2012 National Top Hospital and the largest community hospital in Midcoast Maine, as well as Pen Bay Physicians & Associates, Kno-Wal-Lin Home Care and Hospice, Quarry Hill Retirement Community and the Knox Center for Long Term Care. Through these organizations, and with a staff of more than 100 outstanding physicians and more than 1,500 healthcare professionals, we are able to provide the people of Midcoast Maine with a continuum of both routine and specialty patient-centered medical services. Pen Bay Healthcare is a member of the MaineHealth system.

### **Congratulations to the Following Members!**

- ◆ ***Outstanding Dietetics Student*** - Rachel Wilkinson
- ◆ ***Outstanding Dietetic Tech Student*** - LuBett Taquet
  - ◆ ***Emerging Dietetics Leader*** -Dave Seddon
  - ◆ ***Dietetic Technician of the Year*** - Muriel Richards
  - ◆ ***Young Dietitian of the Year*** -Kristine Kittridge
  - ◆ ***Outstanding Dietitian of the Year*** -Patsy Catsos
- ◆ ***Rachael Pepin—passed the Registered Dietitian exam***
  - ◆ ***LuBett Taquet— passed the DTR exam***
- ◆ ***Ellen Shrader— passed the Registered Dietitian exam***