

January 2011



# News Briefs

*This monthly news bulletin is designed to keep Maine Dietetic Association members informed about issues affecting our profession. We hope you find this resource helpful in staying up-to-date and in touch. Please send comments to [MDA Communications Coordinator](#).*

## **In This Issue:**

- **Our Golden Members**
- **A Lifetime of Achievements**
- **MDA Spring Conference**
- **Call for Nominations**
- **Carotenoids Research Conference**
- **Student Survey on ADA Sponsorships**
- **Free Webinars**

## **Celebrating MDA's 50-Year Members**

MDA joins the American Dietetic Association in recognizing our colleagues who enter 2011 with 50 or more years of membership. Maine's Golden Members are: Paula Allen, South Portland; Philomene Center, Biddeford; Norma Drake, Augusta; Gloria Gramaglia, Windham; Irene Holmes, Saint John, New Brunswick; Jacqueline Merrill, Old Orchard Beach; Katherine Musgrave, Orono; and Suzanne Rhode, Brunswick. Congratulations, and thanks for your service to our profession!

## **A Tribute to Katherine Musgrave: A Lifetime of Achievements**

Saturday, March 5, 12:30-3:30 pm, University of Maine, Wells Commons

The University of Maine Department of Food Science and Human Nutrition along with the nutrition community invite you to a luncheon honoring Katherine Musgrave. Please join friends and colleagues to celebrate Katherine's many years of leadership and service in the profession of nutrition. A recipient of national awards and recognition, she is truly a treasure for our profession and the State of Maine.

RSVP: Contact Adrienne White, [awhite@maine.edu](mailto:awhite@maine.edu), by February 19

Cost: \$38.00 per person, make checks payable to the University of Maine.

For more information, see link at [www.foodsciencehumannutrition.umaine.edu](http://www.foodsciencehumannutrition.umaine.edu)

In lieu of gifts, contributions to the Musgrave Scholarship Fund are welcome. Please make checks payable to: The University of Maine Foundation, Two Alumni Place, Orono, ME 04469; indicate 'The Musgrave Scholarship Fund' in the memo line of your check.

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## **MDA Spring Conference**

April 29, 2011, at Southern Maine Community College in South Portland  
“Facing Challenges, Finding Opportunities”

Light breakfast and lunch provided. Stay tuned for emailed registration information (no printed brochures will be mailed). Five hours of CPE credit applied for.

Bonus Opportunity! MDA has arranged for nationally-known dietitian, speaker, and career/business and life coach, Jean Caton to lead a career coaching workshop after the MDA conference on April 29th.

This session will help attendees strengthen their business and marketing skills, grow their business, attract more clients, move to the next level in the workplace, or forge a new career path.

Complete with a buffet dinner at a local restaurant, this event is limited to the first 25 paid registrants. The modest fee charged will be separate from the regular MDA conference fee. Join us for this unique opportunity to chat with Jean and learn from her in a relaxed, intimate setting. A registration form for this event will be emailed soon.

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## **Call for Nominations**

The MDA Nominations Committee has the following openings for 2011 ballot:

- President-elect
- Secretary
- Nominating Committee (2 positions; 1 two-year term, 1 three-year term)
- Public Relations
- State Regulatory Specialist

Job descriptions are posted on our Web site at <http://www.eatrightmaine.org/id88.html>

For more info, contact Committee Chairman Matt L'Italien at [mlitalien@usm.maine.edu](mailto:mlitalien@usm.maine.edu)

### **Why Serve?**

All MDA Board positions are important and help keep our Association moving forward. For example, the president-elect role is ideal for a member with some past volunteer experience with MDA or another ADA affiliate board or committee. However, if your leadership experience is in some other realm and your interest in MDA is strong, the nominating committee would like to talk to you! Younger members or members new to the profession may have the most enthusiasm and fresh thinking to offer, and are encouraged to apply! Also, new or returning professionals may have the most to gain from the leadership experience. Current MDA President, Patsy Catsos, returned to the practice of dietetics in 2005, after long hiatus. She says, "Joining the MDA board was one of the first things I did. I have made new friends, enhanced my professional network, and gained valuable leadership skills. It was a great way to jump-start my career."

The president-elect role (and subsequent year as president) comes with a few perks that may be of interest. Budget permitting, the MDA will help fund your attendance at the American Dietetic Association's fabulous Leadership Institute. Also, the year that you are president, ADA and MDA will fund most of your expenses to attend FNCE, which will be in Philadelphia, PA in 2012.

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## **Conference -- New Developments in Carotenoids Research**

March 11-12, at the Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University.

Join an international group of leading researchers in the growing field of carotenoids for an information-packed two-day conference. This conference will feature keynotes from global experts on the critical connection between Vitamin A and Immunity and the Global Role of Vitamin A. Read the full agenda, register and book your hotel today at:

<http://www.carotenoidsconference2011.com/program.html>

Contact HNRCA at [Centerdirector-hnrc@tufts.edu](mailto:Centerdirector-hnrc@tufts.edu)

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## **Student Survey on ADA Sponsorships**

Your opinion is wanted regarding sponsorship of the ADA!

Please participate in a Simmons College survey to examine the attitudes and beliefs of ADA members towards corporate sponsorship of the ADA. It only takes 8-10 minutes to complete. All information you provide in this survey is confidential.

Answering the survey in part or whole indicates that you consent to these terms, and qualifies you for entering a random drawing for a \$50 AMEX gift card!

Please click on the link below:

<http://www.zoomerang.com/Survey/WEB22BQC777V3K/>

If you have any questions contact us at [ADAsurvey@simmons.edu](mailto:ADAsurvey@simmons.edu)

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## **Free Webinars for 2011**

Public Health Law & Policy (PHLP) brings an array of trainings right to your desktop – a convenient way to get up to speed on the most effective, cutting-edge strategies for making healthy changes in your community. Each training is packed with new ideas, expert support, and real-life stories from communities tackling some of the same issues you're facing right now.

**All webinars are free and begin at 1 pm EST.**

February 24 -- Keys to a Strong Policy

March 24 -- Healthier Food for Revitalized Communities

April 28 -- Opening Up the Schoolyard

May 26 -- Junk Food Marketing to Kids: Can We Stop It?

June 23 -- Pricing for Health: How to Make the Healthy Stuff Cheaper

July 28 -- Healthier Corner Stores: Finding the Funding

September 22 -- Walkable Streets and the Law

November 17 -- New Partnerships for Healthier Corner Stores

For more information about each Webinar and to register, go to:

<http://www.phlpnet.org/phlp/webinars>

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